

TORBAY/TORQUAY PARKLANDS

Our Village A to Z *58 things to do or not to do...*

This little booklet is an extra-special welcome for you.

Inside you will find all sorts of information about groups and activities that happen around Torbay/Torquay and Parklands.

When you have unpacked and have time for a quiet sit down and a cuppa, then it's time to read this. However, you don't have to do it in a hurry.



We have many groups and activities happening in and around our Villages, and sometimes it is hard to take it all in. Especially in your first few weeks, and months, after moving in.

Your Villa Residents Committee (VRC) has designed this booklet to help make your activity decisions a little easier, and also give you the names and the contact numbers of residents and staff who are involved with these groups and activities. Just give them a call and they'll make you feel so very welcome. Phoning a 4-digit phone number within the Villages is free of charge.

If your particular interest is not already in this booklet then perhaps we can help you to start a group, and we are sure that others will join you.

If you need more information, please call Activities on 2811 and speak with Bruce or Mary, during working hours.

We know you'll enjoy your new life in retirement at our Villages.
Welcome ...

Villa Residents Committee



And then some.....GROUPS

- ❑ **ACTIVITIES: Phone 2811: Bruce and Mary.**
- ❑ **ADMINISTRATION: Phone 2800.**
- ❑ **ANYTHING: Call the office on 2800 (this is a 24-hour number).**
- ❑ **ALL OTHER ACTIVITIES: PLEASE REFER TO YOUR TORBAY/PARKLANDS MONTHLY CALENDAR.**

- ❑ **ART: The Torbay Art Group meets in the Clubhouse on Monday mornings every week from 8.30am. There are seven of us when all are present at the same time. It is not necessary to be an artist, but to just have the desire to try something new. We put \$1 each in when attending and this money is saved up until there is enough for all to go out to lunch. We stop midway for smoko and usually take turns to bring something in to go with coffee or tea. A happy group who are always willing to help others if needed. Newcomers are very welcome. Call Val Benstead 2969.**



- ❑ **BBQs: Max and Barb Hall, social BBQ alternate Saturdays about 5.30pm at TC (Tavistock Court) Hall out by the pool. Give Max a call on 2144 or just come along with your basket of food and beverage to make it a happy night. Winter and summer.**

- ❑ **BEETLE BINGO: Played in the Valerie McBain Recreation Centre (also known as the Main Hall) at 10.00am on Thursday morning when there is no Hoy (see under 'H') on that Thursday afternoon.**



- ❑ **BINGO: It's eyes down Mondays at 9.30am in the Valerie McBain Recreation Centre (Main Hall).**

- ❑ **BLIND SOCIETY: Comes 2nd Friday morning at 9.30am. Held in the Tavistock Court Centre.**

- ❑ **BUS TRIPS:** For shopping, outings, library, etc, give Mary a call on 2811.



- ❑ **BUSES FOR SHOPPING:** Give Mary (2811) a call and book your seat. Buses leave times below.
 1. Torbay Fridays 8.45am and 9.30am (no staff).
 2. Torbay Tuesday and Fridays (staff assisted) 10.45am and 11.30am.
 3. Parklands Wednesdays 1.30pm.

- ❑ **BUS RIDES:** On a Monday at 9.30am for villa residents. Give Mary a call to check for times and destinations on 2811.

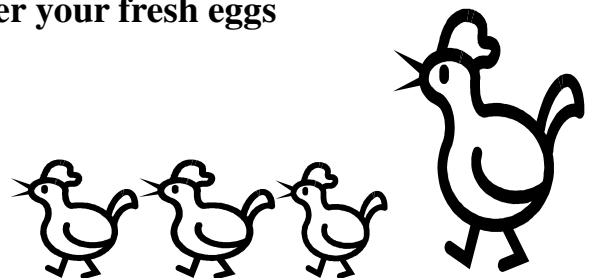
- ❑ **CARDS:** Interested in playing cards with others. Call Activities on 2811.



- ❑ **CHAPEL SERVICE:** Please refer to weekend program. There is a church service in the Chapel every week, on either Wednesday or Thursday, at 9.00am as well as another service on the first Tuesday of the month at 2.00pm.

- ❑ **CHOIR:** Love to sing in more places than the shower, then Bruce is our Choir-master; give him a call and he'll welcome you (phone 2811).

- ❑ **CHOOKS:** *The Girls...* Love some fresh eggs. Call Bruce at the Chick-a-dee Hen House and order your fresh eggs (2811)...

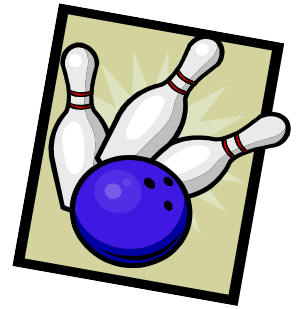


- ❑ **COFFEE SHOP VOLUNTEERS:** Your help in the Coffee Shop would be warmly welcomed. Give Heather Gillieatt a call 2105. If you can give just a couple of hours of your precious time Heather would love to hear from you.

- COMPUTER GROUP:** If you are interested please call Maureen 2935.
- COOKING:** Volunteers appreciated to help with cooking of cakes to sell to residents. Mary would love to hear from you on 2811.
- CRAFT:** Mary can help you with more information 2811.
- ENTERTAINING:** For private use of Torbay facilities (e.g. Birthdays, wedding anniversaries, etc). Please give Dudley Jackson a call on 2170 for more information.
- ENTERTAINMENT:** Bruce is the music man to talk to 2811.
- EXERCISES TWICE A WEEK:** Check your Monthly Calendar for dates and times.
- GARDENING:** Volunteers are always welcome, contact the office 2800.
- GARAGE SALE;** (twice a year) (Recreation and Social committee). The man in charge of the Garage Sale is Russell Clarke. Do you have articles or bric-a-brac to donate, or would like to lend a hand. Give Russell a call on 2180.
- HAPPY HOUR:** this well attended time is held on every Wednesday and Friday (2.45pm – 3.45pm) in the Betty Patterson Centre.
- HEARING (AUSTRALIA):** 3rd Friday at 9.30am in the Valerie McBain Recreation Centre (Main Hall).
- HOY:** Is held in the Valerie McBain Recreational Centre (Main Hall) on alternate Thursdays at 1.30pm.



- ❑ **INDOOR BOWLS:** Held in Tavistock Court Centre. Interested in bowling the indoor/carpet bowls kind. Then Keith Ross is your man.
 1. Monday 1.30pm – 3.30pm.
 2. Wednesday 9.30am – 11.30am.
 3. Saturday 9.30am – 11.30am.



The 'bowls roll' in the Tavistock Court Centre.

- A All made very welcome. (Learners taught)
- B Refreshments midway.
- C Standard bowls supplied.
- D Games organised each day.
- E Friendly supervision.

For more information give the three bowling kings a call. Keith Ross (2136), Lawrie Kingston (2845), or Jack Finch (2962).

- ❑ **JP:** Check with Administration (2800) during Office hours.
- ❑ **K.Y.B. KNOW YOUR BIBLE:** Is an interdenominational Bible Study group which meets in the Torbay Chapel on Tuesday mornings at 9.00am usually followed by coffee and a chat at our Coffee Shop. All interested ladies are welcome. For more information call Fay Thompson 2183 or Lyn Furness on 2193.

- ❑ **LIBRARY:** Books for your pleasure at Betty Patterson Centre, Tavistock Court Centre and Parklands. (There are also a few books at the Clubhouse)



- ❑ **LIBRARY BUS:** Tuesday afternoon, call 2811 to put your name in the 'bus book'.
- ❑ **MEN'S SHED:** Everyman needs a shed. If you are a handyman then this is the place for you. You don't even need your own hammer. Give Bruce a call and he will help you with more information 2811.
- ❑ **MOTORISED SCOOTER AND WHEELCHAIR GROUP:** A sub group of Older Men Unlimited (see below). Call Ron Bevan on (Mobile) 0415 721 670.

- ❑ **MUSIC TO ENJOY:** Check your Monthly Calendar for school visits, and invited artists.



- ❑ **OLDER MEN UNLIMITED:** Meet first Friday of the month in the hall at 10.00am. Give Ron Bevan a call on (Mobile) 0415 721 670.

The principal aims of the OMU include helping older men lead a safe and independent life providing support and companionship. Prospective members need to join OMU for access to other activities and for insurance reasons. Cost \$10.

- ❑ **PAPER READING:** Every weekday morning at 8.30am in the Betty Patterson Activity Centre.
- ❑ **PARKINSONS SUPPORT GROUP:** 4th Tuesday of each month. Held in the Tavistock Court Hall. A gold coin donation.
- ❑ **PIE CRUST PLAYERS:** If you love playing in, or reading, plays then this is the group for you. The players meet every Friday at the Clubhouse from 1pm. Contact Heather Gillieatt 2105.

- ❑ **POT LUCK DINNER:** You're invited to come along. Pot Luck is held on the first Monday of the month from 5.30pm at the Tavistock Court Hall. Bring a plate of food (for the table) and your own selection of drink. For more information please give Dudley Jackson a call on 2170.



- ❑ **QUILTING:** Justine Campbell is the lady to contact for an interest in quilting phone 2147.

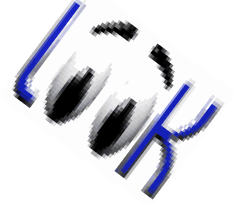


- ❑ **QUIZZZZZZZ :** 3 sessions a week. Keeping your brain alert.
 1. Tuesday: 10am. Betty Patterson Activity Centre. Run by volunteer ladies from United Church. Attended by villa and hostel residents. Local books used and supplied by Activities.
 2. Thursday: 1.30pm. Tavistock Court Hall. Current local books are used. Kathy Wilmet runs this program. It is varied by submission from those attending, and is very well received.
 3. Saturdays: 1.30pm. Betty Patterson Centre. Laurie Kent, Alex Brauer and Keith Ross using same local books plus experiences exchanged during session.

Attendance varies and is increasing at all sessions, it is a friendly atmosphere and we love to see visitors, relatives and friends.

- ❑ **RECREATIONAL AND SOCIAL COMMITTEE:**
We meet every 4th Wednesday in the Conference Room at 9.00am. We discuss as a committee fund raising for the benefit of the residents of the Village. You are very welcome to attend and be part of this venture. Contact Mrs. Olwen Evans 2120.

- ❑ **SCRABBLE:** These ‘wordy’ residents would love to meet you. 1.30pm. Wednesdays. Held in the Tavistock Centre.



- ❑ **SECRET MEN’S BUSINESS:** 3rd Tuesday of the month. Held in the Clubhouse from 3pm. Call Henry 2935.

*Ladies this is for men only;
Don’t know what they get up to.*



- ❑ **SING-A-LONG:** Let’s get together and have fun!!! Sing-a-long Wednesdays 10.00am in the Valerie McBain Recreational Centre. (Main Hall).

- ❑ **SWIMMING:** We have 2 pools: a lap pool at the Clubhouse, and a solar pool at Tavistock Court Centre. Remember your villa key (to unlock the pool gate) and your towel.



- ❑ **TABLE TENNIS FRIDAYS:** at the Tavistock Court Centre 1.30pm.

- ❑ **TAI CHI:** Every weekday morning at the Tavistock Court Centre from 7.30am morning. Then with Moya Mateer every Tuesday evening 5pm until 6.00pm at the Tavistock Hall Centre. Give Moya a call on 2624.

- ❑ **THEATRE:** Like to see productions. We visit the Brolga. Keep your eyes on your monthly calendar and register your name in the ‘bus book’. Give Mary a call on 2811.



- ❑ **VOLUNTEERING FOR ANYTHING :**
Call Mary and Bruce on 2811.

- ❑ **VILLA RESIDENTS BUS RIDES: Monday, leaving at 9.30am give. Mary a call for more information phone 2811.**

- ❑ **VILLA RESIDENTS COMMITTEE:**
See below for phone numbers.



- ❑ **WATER-AEROBICS: Solar Pool at Tavistock Court Centre, check with Mary for more information 2811.**

- ❑ **WRITING GROUP: Have a story to tell, then Heather is your lady. Heather Gillieatt 2105.**



- ❑ **ZUMBA DANCE GROUP: We are thinking about it.**

Villa Residents Committee 2011

Pres	Maureen Gay	Phone	2935
Sec	Miriam McNabb		2871
	Olwen Evans		2120
	Marie McDonald		2988
	Betty Patterson		2932
	Neville Pattel		2933
	Heather Gillieatt		2105
	Val Benstead		2969
	Jill Valentine		2826
	Dudley Jackson		2170
	Grahame Murdoch		2852

Torbay External Phone No. 4125 0800
Parklands External Phone No. 4184 1300