



Torbay

Torbay Retirement Villages Limited Magazine



MAY

2011



Torbay Aged Care and Retirement Village
43 Exeter Street, Torquay, Hervey Bay, Queensland, 4655
07 41250800 Fax 07 41250813 E-mail : admin@torbay.org.au
Home page : <http://www.torbay.org.au>

RESIDENTS MEETING 19TH APRIL 2011

Mr. Philip Parry accompanied by Mrs. Karen Howlett opened the meeting at 1pm and welcomed those present.

Mr. Parry then reported that there had been a couple of complaints from residents, who said their email systems were down.

He said Torbay had found that one resident had given out information thinking that it was Torbay who was seeking it and another resident had failed to update their anti virus software which had caused the systems to fail.

Mr. Parry said residents should never give out information if they do not know who is asking and they need to update with suitable anti virus software as needed.

ADMINISTRATION MANAGER'S REPORT **WEBSITE**

The Torbay website was launched by our President Ted Killer earlier this month. It has been very well received. We have had several letters of congratulation from various residents, staff etc. Since the site has been launched we have seen an increase in applications for employment. Jon will start work on the Village Caterer's website in the next few months.

ACCREDITATION

Parklands application for its second round of Accreditation has been lodged and we have now received acknowledgement. We should have a site visit between July/August this year.

Application for Torbay's ILU Accreditation is currently being completed.

A committee has been formed which consists of David Wilson, Deb Bergmann, Maureen Gay, Grahame Murdoch and myself.

NATIONAL SENIORS ASSOCIATION

National Seniors held a 2 hour forum which Deb and myself attended.

It was very informative. The National Seniors association state that on the whole the PC has done a pretty good job addressing the issues of the Aged Care and presenting an alternative model to fund Aged Care in the future.

The forum was attended by approx. 90 people from the area. Good mix of ages from those already in Aged Care, those about to enter and baby boomers that are still a fair way off needing Aged Care. The forum was an interactive workshop. Each table was given a recommendation from the PC report to discuss and then share with all attendees. The topics for discussion were.

1. Paying for Aged Care

- Using the family home to fund Aged Care contributions
- Reverse Mortgage
- Pension Bond Scheme

Responses were varied. Most did not want the family home used to fund care. The younger generation seem more inclined to use the equity in their home to fund their accommodation and care as they felt it would give them more choice. There were several suggestions made about increasing Medicare Levy or allocating a % of superannuation contributions so future generations had access to funds without having to use the family home to contribute towards their care costs. A few were of the option that the Government should fund their care completely from the taxes that they had paid all their lives. National Seniors Association are putting forth to the PC a proposal of a National Aged Care Insurance Policy. No details were given.

2. Access to care – Australian Seniors Gateway Agency

- One point of entry
- Timing and assessments
- Choice of accommodation

Responses were generally in agreement.

Most indicated that they do not know how to obtain information on Community or Residential Aged Care or what types of packages are available. Many felt it would be a good thing as generally when the decision is made that care is required, it is a rushed decision and a very emotional time. Have concerns about ACAT and the time it takes to be assisted. Concerned about the level of consistency when ever it comes to assessment. Felt that a regionally based platform may help resolve some of these issues. Another concern raised was that staff would need to be appropriately skilled. Other major concerns, was the lack of Community and Aged Care Packages currently available.

3. Regulation –

Would this improve Accreditation

Would this improve CIS and Advocacy

Responses were varied. Some were concerned that this would just be another level of red tape that they would have to go through, especially when it came to complaints. Others felt that Accreditation should be improved and made harder so Providers were forced to conform (if only they knew the truth). No real mention was made of the fact that this body would set pricing.

I gave a short run down from the industry perspective. I advised the forum that, on the whole, the industry welcomes the PC recommendations. We have several areas of concern.

Support Residents accommodation subsidies being based on a 2 bed ward with shared bathroom. Concerns about the new Pensioners Bond Scheme, as it would leave no incentive for residents to pay lump sum bonds, through reducing available capital for building projects which may reduce the number of new facilities being built. (This caused some mumbling as the majority of people in the room were unaware of this fact).

Concern about the reverse equity scheme, when the house is finally sold how much say will the Government have in relation to the time allowed to sell the home. In a flat market are they going to force the estate to take the first offer? Strict rules in relation to this scheme need to be presented before it is introduced.

We welcome deregulation of the industry for both Community and Resident Care. This will insure that the market is demand driven and not government driven. This also caused much discussion around the tables.

EMERGENCY PLAN

In light of the recent storms one of the sessions at the State Conference was in to relation to Emergency Plans. The Australian Red Cross has issued a booklet called “emergency REDiPlan Household preparedness for Seniors”. The booklet has a lot of useful information. If you would like to obtain a copy you can call (07) 3367 7222 or http://www.redcross.org.au/ourservices_acrossaustralia_emergencyservices_prepare.htm

SECURITY

We have had no recent issues in relation to security. However please be mindful that it is school holidays again. If you have your grandchildren staying with you, please ensure that they abide by Torbay’s By-Laws.

GOPHERS

Thank you to all the villa residents that have already attended the licensing sessions. Licences will be completed and sent out next week. David will be organizing another session for those villa residents that were not able to attend previously. If you have yet to complete your risk assessment, please contact the office to register for the next session.

GARBAGE BINS

It has been brought to our attention that some residents are having difficulty when

taking garbage to the bin. It has been suggested that the delivery staff collect the rubbish directly from the villa. This would be an additional service. If it remains at one or two there is no problem but should it increase further what should we do?

- Charge an individual fee (including GSF) to the residents requiring individual service - OR
- Make the service available to all residents and increase the General Service Fee.

We appreciate that it is difficult for some residents to walk across the grass and we do not want them taking unnecessary risks.

We would appreciate your comments to see how the majority of residents feel about this.

Some helpful hints from the floor were from Joan Walland, who said she used her wheelie walker to get to the bin and Henry Gay suggests, residents neighbours may be able to help.

Dudley Jackson recommended that residents get their relatives to visit Torbay's website as it would help the site.

NEW RESIDENTS

We have several new residents since the last meeting.

Torbay Aged Care Facility

- Jean Cleary, Eileen Henderson and Colin Hoolihan.

Torbay Villas

- Annie Adams, Helen and William Hawkins.

Parklands Aged Care Facility

- Lillian Lassen and Nancye Sanders.

Parklands Villas

- Betty Crowe and Kevin Eskola.

Welcome to Torbay.

VILLA RESIDENTS COMMITTEE REPORT

Another well attended VRC in the air conditioned conference room,

4th April. Maureen advised that the committee have a gathering on the 1st Wednesday of each month from 10am – 11am at the Club House.

They have had a few requests, of pot holes, mould problems and refuse concerns.

MARY'S MORNING TEA.

A great welcome for our new residents. And thank you for the support of all residents. And for Mary.

HERVEY BAY CITY MUSICIANS JAZZ BAND.

A foot tapping night, for all who came and enjoyed the music.

COMPUTER GROUP; as yet we have not had any success commencing this group. However we have had an enquiry from two residents. The original idea of this group was for residents to get together to help and support each other. We will keep suggesting it for the future. However if you are in need of advice with your computer there are business cards from Luke in the office for you.

Maureen said to advise her if you are interested in this group.

PHONE CALLS.

For safety issues in the village, call 2800 in office hours (1300 Parklands), in an emergency then please use your buzzer. Maureen advised – if you require an ambulance, phone them and then use buzzer to let office know.

If away from your villa let office know on departure and on return.

MAINTENANCE; Please call administration 2800 during office hours.

CHIEF EXECUTIVE OFFICER'S REPORT

ACQI STATE CONFERENCE

- We attended the state Conference 23 – 25 March on the Gold Coast.
- 4 Board members attended as well as Karen and I.
- It was a very good conference with
-

- many good speakers and most topics were of interest. This is a great change from the motivational speakers they had a few years ago.
- There were a few sessions on the Productivity Commission Draft Report that were all very interesting but re-enforced our understanding of the report but filled in some of the detail.

PRODUCTIVITY COMMISSION REPORT

- The Productivity Commission is conducting an enquiry into aged care including workforce needs, financial sustainability, regulatory framework and revenue required to attract future investment.
- The Productivity Commission handed down its draft report on Friday the 21st January.
- Torbay has lodged its submission on the draft report.
- The final report is due out in June.
- The Government are required to respond to the Report within 3 months but the minister did say that the time period was flexible.

PHONE CONNECTION BETWEEN SITES

- The abbreviated dialing between Torbay and Parklands is now Working.

FUTURE BUILDING PROJECTS

Building Division

- We are working on establishing a new division within Torbay to take responsibility for our own building projects.
- The new building division, if created, will also do outside work to generate further funds for the organization.
- We are currently in negotiations with third parties and cannot say more than this at this stage.
- We hope to be in a position very shortly and be able to make further announcements about this division.

Villa Renovations

- We have terminated the agreement with Bellero Constructions for the renovations of the villas.
- This work is now being done on a temporary basis by Mister Maintenance until a decision is made on the building division.

Work Underway

Redevelop the Torbay

Administration building

- ◇ The doctors room in Main Section is well underway. The room has been extended and it has now been sheeted.
- ◇ Work is being done by Mister Maintenance.
- ◇ ITC Officer, Jon Dickson, has relocated to Parklands.
- ◇ The plan for the administration office has been finalized and is currently being drawn up.
- ◇ It is proposed that the new building division will undertake this work.

Administration Area at the Production Kitchen

- ◇ Construction of 3 offices so we can transfer all administration of the Caterer to the Kitchen site.
- ◇ We have had to apply to the Council for planning approval as it was not covered in our original application.
- ◇ Work has been placed on hold awaiting Council's response.

Parklands Stage 1D

- ◇ This is the fitout of the first floor – carpets, curtains and furniture and equipment.
- ◇ The Architects were using the same colours on the first floor.
- ◇ The carpet in the hallways and lounges comes from overseas and has a 14 weeks delivery lead time.
- ◇ We are looking at changing the supplier to a local company which will mean a change in colour as well. We have two local suppliers bringing samples tomorrow.

- ◇ Delivery from local companies will be much quicker.
- ◇ The cost of the carpet is also likely to be reduced.
- ◇ We have had to place a hold on the curtains until the carpet colours are finalized.
- ◇ We are finalizing our list of furniture and the equipment before seeking quotes.

Parklands Community Centre Stage 1

- ◇ The Community Centre will go opposite the entry to the Aged Care Facility.
- ◇ The dam will have to go as there is a pool to go in with the first stage of the community centre.
- ◇ The Architect has finalized the plan and has been engaged to prepare the working drawings and to get building approval.
- ◇ We have fee proposals from the various consultants but have delayed acceptance of these until the decision on creating the Building Division is finalized.
- ◇ We still anticipate that work will commence mid year.

MARKETING

- We have commenced newspaper advertisement to sell the remaining villas at Parklands and the renovated villas at Torbay.
- The television advertisements are now appearing on Channel 7 and 7Two.
- There is a 30 second advertisement and a 15 second cut down version, of the 30 second add.
- Thanks to all the residents that took a part in the filming of this advertisement.

FROZEN MEALS – VILLAGE CATERER

- The Village Caterer is almost ready to start marketing their frozen food range.

- We are testing the first of the range with a small test group prior to releasing them to the public.
- The meals come in a variety of sizes to suit a couple, family or party.
- We already have a number of outlets waiting for the food.

SUPPLY OF BEDS AND MATTRESSES – Aged Care Facility

- It has been brought to our attention that we have been advising people coming into the Aged Care Facility, that they should bring their own bed and mattress.
- Torbay is required to supply a single bed and mattress to anyone who requires it.
- Our agreements and documents do state this but people have been advised to bring their own bed and mattress.
- We have found over many years that residents prefer to bring their own furniture as it makes settling in much easier and creates a more homelike environment.
- Because the beds supplied by Torbay are second-hand basic beds, most residents these days prefer to buy a new one. The same applies to mattresses. New beds can be purchased very cheaply.
- We have identified all the people who came in during this period and will shortly provide an offer to them to provide a bed and mattress from our stocks.
- In Shawhaven and the ACWing we provide hi-lo beds. These hi-lo beds are also provided to other residents in other areas where they are accessed as being required for staff or resident safety.

MEETINGS

Next monthly meeting

- 3rd Tuesday of the month –
Parklands 11am – Torbay 1pm –
Residents are able to attend either

meeting.

- The next meeting is due to be held on 17th May

Torbay Villa Residents Meeting

- June/October/February

Board meetings

- Second Wednesday of month
- The next meeting will be Wednesday 11th May 2011

FROM THE FLOOR

Q. Mrs. Lyn Bradley asked why the lawn catcher was still not being used and she had noticed that the shrubs needed pruning.

Mrs. Maureen Gay said she thought it looked shabby and should be cut shorter to encourage people when looking to buy.

A. Mr. Parry advised that the grass had been cut higher to get over the whole property more quickly as it takes longer to cut shorter, but will take that on board and keep a close eye on keeping the lawns in check. He said the trees are usually pruned in the winter months.

Mr. Lawrie Kingston said it was great to have someone to mow the lawns and does not have any complaints.

Q. Mr. Dudley Jackson asked if the Building Division position would require office space and capital for equipment.

A. Mr. Parry said yes to both questions and would come out of consolidated cash. There will be an increased liability for the system, although they will not be going out to build multi story buildings but will pick up small jobs.

Q. Mr. Dudley Jackson asked if the work would fluctuate, unlike the Village Caterers.

A. Mr. Parry said that building would probably be continuous over the next ten years or so.

Q. Mrs. Joan Walland asked if we were going to have our cemented areas and driveways scrubbed as they were very black.

A. Mr. Parry said water restrictions stopped that from happening last year, so they were trying chemicals which peel off the mould, as water blasting also takes the top off the concrete. NG

AGED CARE FACILITY

MAIN SECTION

I hope you all received a surprise visit from Easter Bunny during the Easter break. At last the warm weather has given way to cooler days, so make sure you have a jacket ready to put on.

During the month our wonderful volunteers came along as they always do, to assist with activities such as Hoy, Beetle Bingo, Sing-a-Long, Bingo, Quiz and Paper Reading.

We also had a special visit from the Star of the Sea Grade 2 (7 year old children) who delighted us with an Easter song and then chatted with our residents who assisted them in making paper Easter bunnies. That was a really delightful morning.

Musical entertainment was provided

by The Smooth Swing Trio, Rhapsody Singers and The Sunshine Singers. Our own Torbay Choir (resplendent in their new choir outfits) had the audience singing along with them as they presented a combined ANZAC/ Easter show.

The Men's Shed Working Bee meets every Monday at 1.30 pm and we encourage any men interested to come along.

Two dates to remember during May – Australia's Biggest Morning Tea in the Main Hall on May 25th at 1.30 pm and the bus to the Fraser Coast Show on Thursday May 26th, names must be placed in bus book, cost \$14.00.

Cheers

Bruce

R A I N F O R E S T

We have had another busy month in Rainforest's Lodge with our different entertainment from our regular musicians and we also had a visit from Xavier Catholic College Concert Band and a visit from Year 2 at Star of the Sea Primary School prior to Easter, with both schools proving to be very e n j o y a b l e .

The residents from Rainforest Lodge went to a beautiful morning tea at La Belle Vue Restaurant at River Heads, this was a lovely morning and enjoyed by all. These days are a real treat for all concerned and we thank the volunteers who help make these possible.

Easter was a relaxing time with the

residents receiving Easter eggs and having visits from family. Anzac Day was celebrated at Rainforest Lodge with some poems from the war years.

We had a sad time during the month with the passing of one of our long term residents in Nell Porter and she will be sadly missed. But we have gained another resident with Mary Mullin having joined us at the Rainforest Lodge.

We again have another full month with entertainment, bingo, bus rides, walks, introducing a new musician with Linda playing her harp for us, plus a residents meeting on May 12th.

Enjoy your month at Torbay.

Cheers, Bruce 2.

VILLA NEWS

I hope everybody has recovered from the long Easter/ANZAC break. Wasn't the weather just perfect especially for those holidaying in Hervey Bay?

During April the film True Grit starring John Wayne brought back past memories of going to the pictures to see a good western film; those interested in craft travelled to the Marina to view a Creative Craft Demonstration and enjoy a cup of coffee and we also visited Parklands to meet with the residents and have a chat over morning tea.

The Brolga outing – "The Look of Love" was well worth seeing and completed our special April events.

We now look forward to May and of course the Fraser Coast Show. The Torbay Bus will be taking residents in on Thursday 26th of May. If you wish to go, please place your name in the bus book.

Thank you to all who have helped to keep things running smoothly, especially when I was away on leave.

Well, that's all folks

Love Ya

Mary

PARKINGSONS SUPPORT GROUP

Will commence soon at Torbay

For information please contact Bruce, PH 2811

EASTER RAFFLE RESULTS

1st PLACE - BARBARA - BLUE TICKET F24

2ND PLACE - LYDIA - BLUE TICKET F22

3RD PLACE - JAN - BLACK TICKET D66

4TH PLACE - JEAN OWENS - GREEN TICKET E26

5TH PLACE - ELSIE - GREEN TICKET E93

Thanks to all who supported us.

RETIREMENT LIVING

Hello everyone – I hope you all enjoyed a pleasant Easter!! With Anzac Day also coinciding this year – it made for a busy time all round; as we also took time to remember those who have been involved in wartimes.

We have had a steady stream of new residents recently and renovation works at Torbay have certainly been consistent. We also now have 7 houses occupied at Parklands with another soon to be occupied. We will start to reconsider the tentative architect's drawings for the next 10 houses; while we also wait for the construction drawings for the new Community Centre from the architects.

We have started ordering items for the top floor of the Parklands Aged Care Facility which we hope to have opened in a few months time.

Your Villa Residents Committee is working hard and they make themselves available for any queries etc on the first Weds of each month from 10-11am in the Clubhouse at Tavistock Court. Even if you feel like just having a chat, please go along... you never know what you might learn!! We will also be looking to welcome a representative from Parklands in the not too distant future.

A small computer group made up of residents has been discussed recently, however this has not quite got off the ground yet. If you are at all interested please let myself or Maureen Gay (Villa Res Comm) know and we will head you in the right direction.

I have noticed a few unkempt gardens throughout Torbay recently and would just like to remind residents, that it is your responsibility to maintain any gardens around your villa. The grounds men only maintain the common gardens. So, if you are having trouble with your gardening upkeep, please give the office a call and we can arrange to have the garden removed at no cost to you. Please also consider your neighbours, whose home may look out onto your gardens.

And have you seen the new Torbay ads on TV yet...??!! We have received some positive feedback and enquires as a result. The ads are on a weekly rotation on Channel 7 and Channel 72.

Until next month,

Regards,

DEB BERGMANN

Retirement Living Co-ordinator

From Your Villa Residents Committee – May TT

COMPUTER GROUP; We have had an enquiry from two residents for this group to commence. The original idea of this group was for residents with a hobby and an interest in computers to get together to help and support each other. However if you are in need of advice with your computer maintenance and virus protection there are business cards from Luke Moorfoot in the office for you. There are many computer teaching classes around. The closest one would be Bay Connect at the Rugby League ground. If I can help with any further details please email me (mgay@torbayvillage.org.au) *However, I'm not really computer literate. M.*

PHONE CALLS. For Safety issues in the village, call 2800 Torbay, 1300 Parklands in an emergency or serious health issues then please use your buzzer. If you prefer to call the ambulance 000 if this is your preference please let administration on 2800 know ASAP.

Safety issues: Please let the office know during office hours....

- If you are away from your villa for the day, a few weeks, or a month, your leaving date and your arrival home. This data is placed on the computer diary. In case of any emergency (evacuation) in the village, administration then knows whether there is anyone in your villa or not.
- If your family is trying to reach you they may not know you are away. By letting the office know, this information can be passed onto them if they call.
- If you have guests staying with you. (Children in and around village). Strangers can cause residents some concern.
- If there is an unfamiliar car parked in or near your villa let the office know if it is a relative or friend (with the rego number)

MAINTENANCE: A nice compliment from a resident, thanking administration for raising the level of the 'street' lights near the Clubrooms. Now they don't shine right through our villa windows.

We had a few requests for maintenance problems, which we passed onto the office. Exeter Street, entrance. Pot holes near the workshop and the Villa's outside cleaning, mould removal and refuse concerns. For all maintenance problems please call the office.2800 during office hours. Your request will be passed onto the relevant staff member. He has a palm held gadget to record your information (just let's hope they know how to read them better than I do). Your request will be handled as quickly as they can. I'm sure the staff would appreciate a call to say 'thanks' when the job is completed.

'Secret Men's Business' Hey Guys!!! Don't forget it's held on the 3rd Tuesday of the month at 3pm in the Clubrooms following the General Villa Residents meeting. For more information call a male committee member (Phone numbers in the back of the Times) *I don't know what they get up to, they tell me it's a secret. MG*

Some more activities that you may be interested in:

Every Friday 1.30 in the Club Rooms the Pie Crust Players meet. On Friday I was about to call out the 'noise disturbance police', they were having just so much fun the laughter was deafening... Just Pop in or call Miriam

Alternate Saturday evenings around 5.30 we hold a BBQ at TC. Everyone is invited .Bring your own food, drink etc we supply the fun, conversation and BBQ... (21st May)

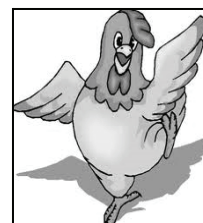
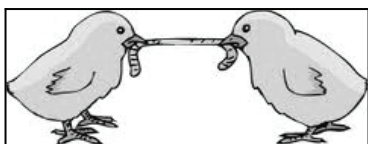
1st Monday of the month we hold a 'Pot Luck' dinner in the TC Hall. All you need to do is bring (1 plate of food) to put on the table to share and of course your own beverage.(6th June)

Your VRC meet on the 1st Monday of the month and we have committee members at the Clubrooms from 10.am till 11 on the 1st Wednesday of the month for a CC = Coffee and Chat or Compliments and Complaints.

Your committee is here for you. *M and M..*

AN IMPORTANT MESSAGE ABOUT THE GIRLS

Bruce has asked that Residents NOT feed bread to the chooks
Only fruit and vegetable scraps



TORBAY RECREATION AND SOCIAL COMMITTEE

The new year of 2011 does not seem so new anymore but the Torbay Social Committee certainly is not being left behind as we busily organize for the Sausage Sizzle and Tombola. So far this year the Committee has bought several items for the benefit of residents, including a Quick-Stand Lifter, a fan for the Coffee shop, choir uniforms and a Boston bed.

Plans for the Sausage Sizzle which is to be held on the 9th June at Lakeside are well in hand. This is always a most enjoyable social event for staff and residents. As usual there be a pleasant walk around the Village before you satisfy your appetite with tasty barbecued sausages prepared by our very own "Celebrity Cooks" Max and Barb, as well there will be champagne, fruit juice and entertainment for your enjoyment.

Another date to mark on your calendar is the 7th July when the popular fund raising event Tombola will be held in the Tavistock Court hall. Some of our members have been busy preparing tickets and prizes. If you would like to donate a prize this would be greatly appreciated by the Committee. Contact either Glenda Johnson (2173) or Bonny Krause (2152) and they arrange to collect.

The Coffee Shop is always a popular meeting place for residents and friends, if you have not already tasted the coffee, you must try it – it is delicious! If you would like to volunteer on a 2 hour roster system to help at the Coffee Shop, your assistance would be most welcome, as more volunteers are needed. For further information contact Bruce on (2811).

It was nice to have Dell Geddes present again at our April meeting. Some of our members have not been feeling the best lately and we do wish them better health in the very near future.

Our next meeting is on the 25th May in the Conference Room, starting at 9am. Our President Olwen will welcome you to become involved with the Committee to plan future activities and projects to benefit the comfort and pleasure of all residents and maybe you can share some new ideas with us.

Our meetings are followed by a friendly cuppa and a chat.

We wish you all good health and contentment as we make the best of each day.

Cheers until next month from,

Bonny Krause (Secretary)

NOTICE

Again a note to all our old and new residents regarding the Mini Lotto. I am getting low on names on my register to await a number in the lotto draw. I know that the wait can be a long one sometimes but the players that we have are not willing to give up their number until the last minute. For the new residents the Mini Lotto is a Torbay Retirement Village fund raiser and is run on the two supplementaries on the Saturday night draw, the first drawn is the first prize and the second is the second. The first prize is \$25-00 the second is \$5-00, after 10 weeks there is a jackpot, first prize of \$75-00 and it costs \$1-00 per week to play. Please anyone that is interested write your name on the back of an envelope and send it to me Alby villa TC306, if you think I have your name please send it again. Hoping to hear from you soon.

Alby



“Thoughts of Mother on her Special Day”

There is no love like a mother's, when on giving birth she feels that lifelong bond with her child. That feeling of amazement, that this little miracle in her arms is a part of her and the man she loves. The unspoken commitment of lifelong love and protection for their little family. Mothers mean so much to us all, they love, feed and nurture us, raising us as best they can. Always ready with a warm hug and a kiss, forgiveness when we've learnt our lesson from some misdemeanor.

A mother's love is forever strong and when her children need her most, a mother's love will shine. One can do anything in this world if one's mum is there, encouraging and boosting up the spirit to do impossible things. A mother is a dependable source of comfort and help in times of trouble.

Everyone sees Mother's Day as a day to thank mums for being there and for being so special.

Mother's Day brings many feelings of sadness, happiness, memories of the past and thoughts of today as we all look forward to the future.

“Nobody's quite like you, Mum. You're special in every way.”

History of Mother's Day: Mothering Sunday

The more recent history of Mother's Day dates back to the 1600's in England. Here a Mothering Sunday was celebrated annually on the fourth Sunday of Lent.

On the occasion, servants, apprentices and other employees staying away from their homes were encouraged by their employers to visit their mothers and honour them. Traditionally children brought with them gifts and a special fruit cake or fruit-filled pastry called a simnel.

Custom of celebrating Mothering Sunday died out almost completely by the 19th century. However, the day came to be celebrated again after World War II, when American servicemen brought the custom and commercial enterprises used it as an occasion for sales.

History of Mother's Day: Present Day Celebrations

Today Mother's Day is celebrated in several countries including US, UK, India, Denmark, Finland, Italy, Turkey, Australia, Mexico, Canada, China, Japan and Belgium. People take the day as an opportunity to pay tribute to their mothers and thank them for all their love and support. The day has become hugely popular and in several countries phone lines witness maximum traffic. There is also a tradition of giving flowers, cards and other gifts to mothers on Mother's Day. The festival has become commercialised to a great extent. Florists, card manufacturers and gift sellers see huge business potential in the day.



* * * * *
 * **Ah, Mothers Baking Day.** That delightful aroma, coming from freshly baked *
 * goodies as we opened the door after coming home from school. Particularly if *
 * it was the weekly games night with friends and family. There was usually a *
 * special chocolate cake or a sponge, which was not to be touched until the *
 * visitors came but also an assortment of delights that we were allowed to have *
 * beforehand. Life was so different before television, *
 * people talked and laughed together, played cards, table *
 * tennis and darts without anyone saying 'Shooshhh...' *
 * Sadly home made goodies are becoming a thing of the *
 * past, with mothers having to work to make ends meet, *
 * but happily it gives grandmothers the chance to get the *
 * accolades from appreciative grandchildren, for once *
 * again coming in on baking day.



* * * * *

Raspberry macaroon slice

- | | |
|----------------------------|-----------------------|
| 125g butter, chopped | 2/3 cup plain flour |
| 1 cup caster sugar | 1/2 cup raspberry jam |
| 2 eggs, separated | 1 cup coconut |
| 1/3 cup self-raising flour | |



Preheat oven to moderate, 180deg Lightly grease an 18 x 28cm slice pan. Line base and two long sides with baking paper, extending paper 2cm above pan edge.

In a small bowl, beat butter and **half** the sugar until light and fluffy. Beat in egg yolks, one at a time, until combined. Lightly fold sifted flour into mixture. Chill for 10 minutes. Press into prepared pan using floured fingertips. Spread jam over base

In a clean, dry bowl, beat egg whites until stiff peaks form. Gradually beat in remaining sugar, 1 tablespoon at a time, until mixture is glossy. Fold in coconut using a fork. Spread mixture over jam. Bake for 25-30 minutes until lightly golden and cooked when tested with a skewer. Allow to cool. Cut into squares.

Note: This recipe can also be made using one whole egg in the base, reduce butter to 90g. Using the half cup of sugar and flours of previous recipe. For the topping use the remaining whole egg, 1/4 cup caster sugar and 1 cup coconut. Beat egg and sugar, then stir in coconut and spread over base that has been spread with jam. You may need to ease it over with the tines of a fork. Bake as before.

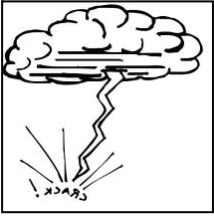
Sultana Loaf

- | | |
|------------------------|-----------------|
| 125g butter | 1 cup sultanas |
| 1/2 cup sugar | 2 cups SR flour |
| 2 eggs | 2/3 cup milk |
| Grated rind one orange | |

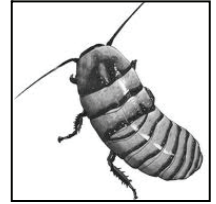


Cream butter and sugar until light and creamy, add eggs one at a time, beating well after each, beat in orange rind. Mix in sultanas, add sifted flour alternately with milk, mix well. Grease 23cm by 12cm (9in by 5in) loaf tin lined with greaseproof paper, Bake in a moderate oven for 45 to 50 minutes.

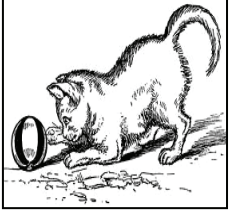
DID YOU KNOW ??



A cockroach will live nine days without its head before it starves to death.



A typical lightning bolt is two to four inches wide and two miles long.



Eskimos use refrigerators to stop food from freezing.



A cat has thirty two muscles in each ear.

Money is the number one thing that couples argue about.



Koalas sleep around eighteen hours a day.



Due to earth's gravity it is impossible for mountains to be higher than 49,000 feet.



You're more likely to be killed by a champagne cork than by a poisonous spider.



Birds need gravity to swallow.

That in developed countries 27% of food is dumped.

REASONS TO SMILE

The elderly couple met their demise in a car accident and went to Heaven. The faithful couple were recognised by Saint Peter and escorted to the welcome centre, where they began to take in all the wonder of the place. Saint Peter pointed out the food court and said they could eat anything and not worry about their health. The husband began eating all the pastries and desserts. The wife was amazed at the beauty, peace and joy she felt and how happy she felt to be there. However the husband was looking grim and sneered, "If it weren't for you and your health food and oat bran muffins, we might have been here 15 years ago."

A miserable-looking man was sitting in a bar one night. "Why are you looking sad?" asked the barman. "My wife's made me a millionaire," he said. "If my wife made me a millionaire, I'd be the happiest man on earth," said the barman. "Yes, but before I met her I was a multimillionaire."

A woman on her deathbed called her husband and instructed him to look under their bed and open the wooden box he found. He was puzzled by the 3 eggs and \$7,000 in cash he found in the box, so he asked his wife what the eggs were for. "Oh those", she replied, "every time we had bad sex, I put an egg in the box". Not bad, the husband thought to himself, after 35 years of marriage, then he asked, "But what about the \$7,000?" "Oh that", she replied, "every time I got a dozen I sold them."

TANYA'S HAIR SALON

TAVISTOCK COURT

Wednesday, Thursday & Friday

From 9am onwards

Phone: 2698

HIGH CARE WING

Tuesday

Phone 2606

PARKLANDS

Monday

Phone 1330



TORBAY MAIN SECTION

TONI

Monday, Tuesday, Thursday

9am—3.00pm

Friday 9am—2.30pm

LINDA

Wednesday

9am-5pm(by appt)

H/ph 4194 6484



Phone 2818

MAGICAL FOOT CARE
BY JOANNE
PH 4124 4193
ONSITE or STUDIO
7 VISTA COURT, PIALBA



MANICARE \$20
PEDICARE \$20

AVAILABLE TO ALL RESIDENTS
AND STAFF OF TORBAY AND
PARKLANDS FACILITIES.

Gift vouchers also available on
request

JR MASSAGE THERAPY
ROBERT & JOANNE
PH 4124 4193
ONSITE or STUDIO



MASSAGE FEE
REMEDIAL \$40 Per Hr
RELAXATION \$40 Per Hr
SEATED \$20 Per 1/2 Hr
NECK/SHOULDERS \$20 Per 1/2 Hr

Available to all Staff and Residents
of Torbay and Parklands.

7 VISTA COURT, PIALBA

SERVICES AVAILABLE TO TORBAY RESIDENTS.

These forms are available in the Main Office, Main Hall outside

Activity Office , in all sections of Torbay

Compliments and Complaints

Form 3.09.05

Queensland

Central & South Queensland

Aged care complaints investigation Scheme

Department of Health & Ageing

PO Box 9848 BRISBANE QLD 4001

ph 07 33602765

Toll free 1800 177 099

Toll Free 1800 550 552

Queensland

Aged & Disability

ADVOCACY inc

Queensland

QLD Aged & Disability Advocacy Inc

121 Copperfield Street

GEEBUNG Qld

Brisbane Office

Ph 07 36376000

Toll Free 1800 818 338



Greetings from your Argentina Radio Celebrity.

On Easter Sunday I visited the Via Christi in the small mountain town of Junin de los Andes in the Lakes District of Patagonia. This is a series of statues depicting the life of Christ leading up to a large cross on the hill. They also depict the indigenous history of the area with the Spaniards, and used local people as their carving figures. They show great respect to the Mapuche culture which I was also extremely impressed by. The other message is to promote harmony amongst religions and races. One statue group depicts the idea of one God with people of all religions and races, worshipping him together in a circle with hands joined above their heads. The art work is amazing, the expressions on the faces, and the hands. The message is also very enlightening in these days of religious wars in the world. The extremely talented sculptor is a local from the region in the nearby small city of Bariloche.

It took me some 5 hours to complete the climb, purely because I was so impressed by the statues and wanted to get good photos to show afterwards. It wasn't a great day weather wise though for light. On descending I met two people from the local radio station who were interviewing visitors for the local news review the following day. I spent about 15 minutes telling them in Spanish how I loved the place and area and promoting looking after it and local schools visiting it.

I didn't really think it would be on the radio but the following morning I sat down to listen at the appointed time hoping. After an hour the owner of the apartment I am in, which costs only \$25 a night and has cable TV. He is very well known in the area and gave them a ring to find out if it was going to be played. About 5 minutes later the commentator came on the air in Spanish saying Katalina, Katalina just calm down. In about another 10 minutes you will hear it. Katalina is an Austrian, yes Austrian lady (a mistake many people make here) You really have to stress Australia and tell them the land of the kangaroo, then they know where you are talking about. I met her yesterday at Via Christi. The owner of the apartment just rang us and says she has been glued to the radio since 8, a big exaggeration! Calm down it is coming! And then it came, so clear. I was amazed at my Spanish because it was the first time I have actually heard myself talking it. I speak it most of the time now and many people tell me how well I do, but you just don't know if they are being kind or if it's the truth. They interviewed about 6 people, I was the only foreigner and the other six were very interesting as well.



So Feliz Pascua Happy Easter from your Argentinian radio personality!!!!!!!!!!!!!! I am having trouble with bronchitis and headaches, will be pleased when I get further north to the warmer weather. Please pass this on to Bruce, can put it in the Torbay Times if he wishes.

Love to all Kathy





New Arrivals

A warm welcome is extended to our new Residents

Torbay Aged Care Facility

Jean Cleary HC—Ruby Hutchinson AC

Colin Hoolihan H—John Matthison H

Torbay Villas

Annie Adams TV 226

Helen & William Hawkins TC363

Audrey Anderson & Isabella Galletly

Have both left the Village

THANK YOU TORBAY

A fortnight after Torbays Opening' Day a depressed Nell Cooke hobbled in with a walking stick supporting her damaged knee. Within a short while, she loved the place and had thrown her walking stick away. She always mended well at Torbay.

Shortly after she wrote telling me about the nice man who had just moved in and three months later she was Mrs. Bill Porter. Later Nell and Bill decided they were "too young for Torbay" and off they went to live closer to the bowling club for a couple of years. But the security offered at Torbay drew them back and they settled happily in Villa 10 until Bill died after 20 years of their married life together. Bill's favourite saying was "We're as happy as pigs in mud" with his big grin.

The trauma of losing Bill may have helped bring on dementia and she was transferred to Rainforest Lodge. That took a bit of getting used to. Eventually the gentle care of the staff there helped her settle into her new routine. She loved her room 77 always telling me how clean and pleasant it was and when I asked, she always told me she was happy in Rainforest Lodge.

For her big 100th birthday party it was a joy to see all her friends, both residents and staff, whom she had gathered over the years, turn up to help the celebration along with her extended family who came from near and far. One and a half years later, she died so peacefully, still looking good despite her great age. Nell had only anticipated a small quiet funeral, but once again, friendships made through the years, brought all her old mates along to wish her well and pray for her journey beyond.

For me that day it was a beautifully shared time to remember. My heartfelt thanks go to all her friends both residents and staff who made Nell's life at Torbay such a happy time by giving her their generous support and kindnesses.

May God bless you all and may God bless Torbay. Juanita Johnson (daughter)

In Memoriam

Our condolences to the families of

June Arnott—Ellen Porter—Dorothy Stockman

