

East
Bless –



Torbay Times



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RESIDENTS MEETING 15TH MARCH 2011

The meeting commenced at 1pm and was conducted by Mr Philip Parry, together with Mrs Karen Howlett. Those attending were welcomed.

ADMINISTRATION MANAGER'S REPORT

Bus

You will be glad to hear that the bus is back and running fine.

Website

The Torbay site is almost ready. Jon is putting the final touches to it and we expect to officially launch it later this week or early next week.

Accreditation

Parklands had its first unannounced visit from the Accreditation Agency on Monday 14th March.

The auditors are to recommend compliance on all standards checked.

Our thanks to Kim and David for the good work they have put in to get our systems up and running.

Garage Sale - Torbay

Thank you to all the volunteers who helped organise the garage sale. It was a bit wet on the Friday but that didn't stop it from being a very busy day. The Social Committee raised nearly \$6,000. What a great outcome.

Tenders

We have put all our major goods and services out to tender.

These tenders are now being assessed and will be reviewed by the Board on Monday 21st March.

The successful tenderers will start supplying from 1st April.

New Residents

We have several new residents since the last meeting.

Torbay Aged Care Facility

- Fay Marshall, Edna Spradlin and Beryl Vary

Parklands Aged Care Facility

- Helena Eskola, Winifred Peters and Walter Porrett.

Parklands Villas

- Frederick Beddows and Valerie Israel. Welcome to Torbay.

VILLA RESIDENTS COMMITTEE REPORT

- ◇ Our first meeting with the newly elected committee, was held on Monday 21st Feb. Thanks to Phil, Karen and Deb for their support
- ◇ Unfortunately we had a slow start with three of our committee members being on holidays or away. However, it is said that a poor rehearsal leads to a great show.
- ◇ A special thank you to Marie and Neville who stepped in and got things moving for us.
- ◇ Over the next months we are looking at a few ideas that will help and support you. Your ideas can help other residents. Please let your committee know, we are here for you. Complain to the Committee, not among yourselves.
- ◇ One of the first changes: On the 1st Wednesday of each month we will have committee members at the Club rooms from 10am to 11am, to offer any support with information or requests you may have. If we don't know the answers we will find out for you. Most importantly we will follow up and let you know the outcomes. We will have Compliments and Complaint forms on hand.
- ◇ Communication: When Torbay Administration needs to contact residents, it will be one of your committee members who will ring you.
- ◇ A proposed computer group will be formed, if you would like to add your expertise to this group, please let us know.

- ◇ Your Villa Committee members and their phone numbers will be listed in the Torbay Times and we are looking forward to meeting you in the Club rooms on the 1st Wednesday of the month.

CHIEF EXECUTIVE OFFICER'S REPORT

Productivity Commission Report

- ◆ The Productivity Commission is conducting an enquiry into aged care including workforce needs, financial sustainability, regulatory framework and revenue required to attract future investment.
- ◆ The Productivity Commission handed down its draft report on Friday the 21st January.
- ◆ We had a meeting with the Board on Monday 14th March to discuss the recommendations.
- ◆ A response to the draft recommendations is now being prepared, and is to be lodged by the end of the month.
- ◆ They have recommended major change to the current system including
 - Separating Accommodation and Care.
 - Residents are to be responsible for the complete cost of their accommodation. When residents have to pay for the real cost of their accommodation it is likely that residents and their families will want to spend less on their accommodation.
 - Current residents would be exempt from most of the changes.
 - They want new residents to contribute greater amounts towards the cost of their care.
 - They are proposing to remove the restrictions on the number of places to be built.
 - Community Care and Residential Care would be closer aligned

costwise.

- The distinction between high care, low care and extra service would be removed – this would allow bonds to be charged for high care.
- It noted the difference in pay rates between aged care and the acute sector and has recommended setting care subsidies on the basis of cost and with the industry paying comparative wages with the acute sector.
- The changes would be introduced over a 5 year period.
- This is only a draft report. The final version is due in June and the Government then needs to advise what reforms it will adopt, if any.
- ◆ We have concerns that people will simply not pay, or be able to pay, the higher resident fees for both care and accommodation, and go without the care they need. Several academics say their research shows that this will be the case and it will cost the Government more in the long run as people will access acute services more often and for longer periods.
- ◆ We also have concerns that the recommendations save the Government money at the expense of Providers.
- ◆ The recommendations will result in the Government holding all the residents money from the sale of their home with no incentive for the resident to pay bonds to Providers. The proposal is that Providers will be able to charge what they like for their accommodation and will get the equivalent income without bonds.

Phone Connection Between Sites

- ◇ The abbreviated dialling between Torbay and Parklands is still not working.
- ◇ This is using the 4 digits to dial a number at Torbay.
- ◇ You will have to dial the whole number

as well as the “0” to get an outside line
– there is no cost for this call.

Future Building Projects

We have the following building projects in the planning process –

- ◇ Administration Area at the Production Kitchen – Construction of 3 offices so we can transfer all administration of the Caterer to the Kitchen.
- ◇ Parklands Stage 1D – This is the fitout of the First Floor – carpets, curtains and furniture and equipment.
- ◇ Parklands Community Centre Stage 1
 - The Community Centre will go opposite the entry to the Aged Care Facility.
 - The dam will have to go as there is a pool to go in with the first stage of the community centre.
 - The architect has finalised the sketch plan and has been engaged to prepare the working drawings and to get building approval.
 - We anticipate that work will commence mid year.
 - Redevelop the Torbay Administration building – The doctors room will move to the ITC Office, Jon will re-locate to Parklands and we will get an additional 3 offices within the existing administration building.

Marketing

We have commenced newspaper advertisements to sell the remaining villas at Parklands and the renovated villas at Torbay. This will shortly be supported by television advertisements on Channel 7 and 7Two.

The script for the television commercial is due this week and it is to be shot next week, weather permitting.

We will need some residents to participate in the advertisement and Deb will have notices going out about where we will be shooting the commercials.

If you don't want to be in the commercial just let us know when we are

shooting the commercial.

Resident Internet Upgrade

- We are still experiencing problems with the new resident's internet system.
- The DSLams have not been resetting themselves so anyone attached to that DSLam loses service.
- Each time it is a different DSLam.
- IC Solutions now are doubtful that it is the DSLams themselves causing the problem.
- They are looking at a programming error.
- IC Solutions have been reviewing the system remotely but will be here later this week to go over the whole system again and to provide training to our ITC Officer, Jon Dickson.

LAN Server Upgrade

- ◇ The LAN (Local Area Network) Server is currently being built and will be installed one night this week or over the weekend.
- ◇ Residents should be affected.
- ◇ The Torbay computer network will be down for 4 to 6 hours while the new server is being installed.
- ◇ It has redundancy built in – that is if it fails there is a mirror image of the information that will take over so the system should not go down. We can then repair the problem and replace parts without loss of service.

Resident Computer Problems

- ◆ Because our computer and telephone systems are now so large, it occupies most of Jon Dickson's time.
- ◆ He is extremely busy at the present time because of the ongoing problems with the resident's internet system, Parkland's telephone system, replacement of our servers and preparing our new websites.
- ◆ We also have many more residents with computers so he does not have time to attend to problems with resident computers.
- ◆ We have found a young chap setting

up his own computer business that is willing to assist residents with their problems at reasonable rates. His card is available at the reception.

Medical Devices Phone Connections

We have looked at the problems that two residents encountered with a medical device that could not connect through our PABX telephone system.

This has been resolved – they can connect through our existing system

Villas

- The market remains very soft with people interested but they can not sell their homes.
- We currently have 8 villas empty or being refurbished for sale.
- We also remind villa residents that you cannot make alterations to your villas without first seeking our permission.
- *Clause 6 states - You may not make any alterations or additions to the structure or fittings of the villa without our prior written permission. Any additions or alterations will become our property. Your obligation to maintain or reinstate the villa will extend to any alterations or additions to the villa.*
- We do this so we ensure that any alterations do not impact on other residents and we maintain the standard of the village that other residents expect.
- *Clause 7 states- Not to damage any part of the villa, for example, by inserting any nails, screws or other things without our prior written permission.*
- You need to remember that you may be responsible for the cost of any damage done to the villa including the brickwork.

Parklands Retirement Haven

Villas

- ◇ The market remains very soft with people interested but they can not sell

their homes.

- ◇ We have deposits on most villas now but we are not confident that these people can sell their homes.
- ◇ We have discounted our prices until the end of June and this has stirred more interest in the villas.
- ◇ We have commenced our newspaper marketing campaign and the television campaign will commence by the end of March.
- ◇ We will be having an open day one day a month – the next one will be on 13th April.

Gopher Policy

Following this meeting David Wilson, Quality Systems Coordinator, discussed the new rules on using a Gopher within both our facilities. Anyone with a gopher, or considering one, was encouraged to stay for this discussion.

You should not buy a gopher before you have discussed it with us. If we don't think you can use it safely within the grounds we can deny you permission to use it here.

We take this policy extremely seriously as we have had two major incidents involving gophers.

MEETINGS

Next monthly meeting

- 3rd Tuesday of the month – Parklands 11am – Torbay 1pm – Residents are able to attend either meeting
- The next meeting is due to be held on 19th April

Torbay Villa Residents Meetings

- June/October/February

Board meetings

- Second Wednesday of Month
- The next meeting will be Wednesday 13th April 2011

From the Floor

Q. Mr. John Hart asked if there was a website available for information on the

Productivity Commission Report.

A. Mr. Parry said yes the website is available for people to look at the submissions and reports.

Q. Mr. Phil Molen enquired if there was still a hold up with future building projects due to the shortage of registered nurses for staffing.

A. Mr. Parry said they feel they will now be able to get RNs for staffing so will go ahead with the new developments.

Q. Mrs. Eunice Huszar asked if information about Torbay could be placed in the Council information book.

A. Mr. Parry said he would get in touch with Council regarding this.

Q. Mr. Alby Bennett said he has had trouble with his computer since his laptop crashed last November.

A. Mr. Parry said Jon was here to run the Torbay system and internet and to get the system working. Private computer problems would need to be attended by a private repairer and the office can supply residents with a telephone number if they are having problems.

Q. Mr. Grahame Murdoch asked what new residents should do for connecting their computers.

Mr. Russell Clarke said residents used to have to put the Torbay server in.

A. Mr. Parry said the new system should automatically find the server.

Q. Mrs. Kath Rogers said there is still evidence of a former resident using nails on the external wall of her villa and some marks are leaking a tar like substance.

A. Mr. Parry said a sign had been put there to cover marks made by a previous resident and residents should not use nails or screws on their villa walls.

Q. Mr. Lawrie Kingston asked if anything was going to be done to restore the pond, as the dead weed was getting smelly.

Mr. Alby Bennett said the weed had grown up from the bottom which made excess weed.

Mrs. Joan French said the lake at the back of the university was the same.

A. Mr. Parry said that four years ago they had someone come from Bundaberg to look at the problem and their advice was, that the weed would die off naturally.

Mrs. Eunice Huszar said villa 226 was looking good following repairs.

Mrs. Heather Gillieatt spoke on behalf of Mrs. Gert Day who said she was unhappy with her blue telephone.

MR & NG

AGED CARE FACILITY REPORTS

RAIN FOREST LODGE

Welcome to our March edition from Rainforest Lodge.

This month we have had music from Dell, Sharnee, Beth & Gordon, Phil, Peter and the Rhapsody Group. We have a Harpist entertaining us next month to add to our entertainment.

We are now back into our bus rides on a Wednesday morning and we have had an ice cream morning stopping at the Pines to enjoy our ice cream also we had a beautiful morning tea at Sylvia

daughter, Gloria's home in Eli Waters. We also plan to have another morning tea at River Heads on April 20th for the Rainforest residents.

Lydia had her birthday this month on March 30th celebrating 84 years.

We again thank our volunteers for assisting with our activities as this is a very important part of our lives. The residents are enjoying the young faces and laughter from the students from Xavier Catholic College.

We celebrated St. Patrick's Day with

Irish stories, history on St. Patrick and a morning tea with green lamingtons. Phil then played many old Irish songs for us to sing along with.

We sadly had the passing of Ken Regan and Mirko this month and they will be sadly missed.

Next month we will be celebrating Easter and Anzac Day, so there will be plenty of activity at Rainforest Lodge during April.

An early reminder that Rainforest Lodge, is having a resident meeting and morning tea in early May. All family and friends of Rainforest Lodge are invited to attend.

Cheers, Bruce 2. D.T.

MAIN SECTION

Hopefully the worst of the hot, humid weather has now gone and we can look forward to cooler days leading up to a late Easter. Our usual activities including Beetle Bingo, Sing-a-longs, Happy Hour, Bingo, Paper Reading, Quiz and Craft were all enjoyed in spite of the hot weather.

During the month entertainment was provided by the Smooth Swing Trio, Cynthia Waters, The Sunshine Singers., "Muses" Middle Eastern Dancers and "The Two of Us" . A very interesting "Armchair Travel" slide show on Vietnam was presented by Thora Nolan.

Our "girls" are doing well and the eggs are proving very popular. Please put your name down with Activities if you would like to purchase a dozen or half a dozen.

Any man interested in the Men's Shed Working Bee, please come along any Monday afternoon at 1.30 pm and join in with our enthusiastic crew.

Cheers Bruce

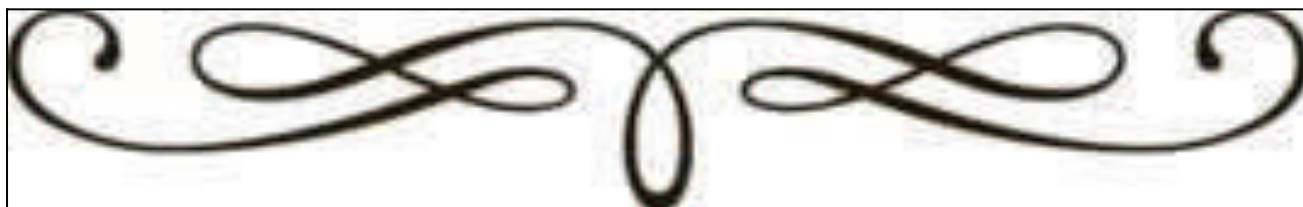
AC WING

What a wonderful month we have had in AC especially with our morning tea when we had Linda come and play her harp, we all felt very posh indeed.

We have all been waiting very patiently for the weather to cool so that we could enjoy an outing to the Torbay Lake and we were very lucky that Friday brought about a cool change for the residents to enjoy morning tea in the Rotunda. I would like to thank all the staff in AC for helping me to arrange this as it is a huge effort to get so many residents down to the lake but the smiles on their faces shows its worth it.

I have missed a few news letters so I would like to take this opportunity to say Thank You to some very special people so here goes - Neroli for always coming in and helping me with my new and old (I don't mean old as in that way) volunteers; you truly are inspirational. To the fantastic staff I have in AC that includes the staff from HC that come every fortnight to work as a part of our team and to my children. No matter what I ask of them to do for our residents here in AC they are more than happy to always help. They get as much pleasure out of it as the residents do.

Cheers Cheryl



VILLA NEWS

March – the beginning of our autumn season, but somehow it seems to have been delayed and unfortunately the hot humid weather has continued. However, our normal activities took place.

Thankfully our bus is back on the road again and our Monday villa bus trips have resumed.

It was quite a busy month and our activities included: the slide show of Burma presented by Ann & Tony Jones was most interesting, the Fifth Avenue Jewellery display appealed to all the ladies; Rhapsody gave their usual monthly recital and the Hervey Bay Big Band gave their second evening performance which again was enjoyed by all who came along. The trip to Bauple Museum and sausage sizzle was

a great day out.

Our “Welcome to New Residents” took place on the 24th and it was pleasing to see so many of our villa residents come along to meet and mingle with our new residents, which included those from Parklands. It was a very successful get-together and if possible another will be planned for later in the year.

Please check your monthly events calendar and book mark the activities which appeal to you. Those of you connected to the Internet can also check the calendar online now that our new Website is up and running – www.torbay.org.au Your family may like to also check it out.

Hopefully April will see the end of the hot humid weather and it will be time to look forward to Easter.

Love Ya ... Mary

OUR CHOIR

We are having a lot of fun preparing for our Anzac Day-cum-Easter concert on the 20th April. As both occasions occur together, we saw fit to combine them and I am sure you will thoroughly enjoy our programme.

We will be singing both the Australian and New Zealand anthems, followed by the good old Anzac songs that we know so well and love. Then we bring in the Easter theme – life, love, weddings, “All Kinds of Everything”, and finish with a flourish with the arrival of the Easter Bunny.

We are always looking for new members, especially men, so if you are a new resident, like to sing or just love music, come and join us on a Wednesday afternoon in the Main Hall at 1.30 pm. **NO AUDITIONS REQUIRED.**

**REMEMBER ANZAC DAY / EASTER CONCERT
WEDNESDAY – 20TH APRIL AT 1.30PM – MAIN HALL.**

MIRIAM



Electric vehicle/gopher information.

This is my first article in the Torbay Times. I will make it a regular inclusion from now on as it is an invaluable way to pass on information.

- Firstly thank you to all the residents who stayed after the resident's meeting last week for the electric vehicle/gopher use information session. As I explained the changes to the policy in relation to their use is a work in progress and will take time to be fully operational.
- The use of the vehicles is encouraged both within the villages and the community to enable residents to remain as independent as possible. With the increasing numbers of these vehicles and reports of near misses and regrettably some accidents, management decided we had to regulate their use to protect the health, safety and welfare of all who work and live in Torbay and Parklands.
- The internal licence agreement has to be assessed on an individual basis. I will be available at the TC Centre on Friday 8th April from 10am-11am and Wednesday the 13th April from 1pm-2pm to speak with Villa residents individually and hopefully start issuing the licence. These times are not for residents of the aged care sections as I will visit each care section individually.
- I have a very good suggestion since the meeting that your photo may be included on the licence, much the same as the volunteer name tags, and I will speak with Bruce regarding this.
- I acknowledge that change at times causes concern, however we will assist all users as much as possible through this process.
- Residents can contact me direct on Ph 2682 prior to the above dates if I can clarify any issue.
- Lastly I would like to thank the residents and family who have approached me after the meeting to voice their agreement with the changes.

Regards,

David Wilson

Quality Systems Co-ordinator

THINGS ARE NOT WHAT THEY SEEM

A Koala Bear is not a bear; it is a marsupial.

A Turkish Bath is not Turkish, it is Roman.

A Banana Tree is not a tree, it is a herb.

A Peanut is not a nut, it is a legume.

Shortbread is not bread, it is a thick biscuit.

A Firefly is not a fly, it is a beetle.

A Cucumber is not a vegetable, it is a fruit.

A Silkworm is not a worm, it is a caterpillar.

A Lead Pencil contains no lead, it contains graphite.

India Ink is not from India, it is from China and Egypt.

TORBAY RECREATION AND SOCIAL COMMITTEE

The A.G.M. and monthly meeting were held on the 23rd March in the Conference Centre. Although the numbers were down for the meeting, there was much informative discussion and decisions made for the benefit of our residents.

Being our A.G.M. we welcomed Mr. Bruce Butler as our Chairman to the meeting. After reports being read and congratulations said, the new office bearers were elected. President: Olwen Evans, Vice President Ula Scott, Secretary Bonny Krause, Ass. Secretary Val Benstead, Ass. Treasurer Joan Walland.

It was with some regret that Ula did not seek re-election as she fulfilled the position of President diligently and worked tirelessly for the Committee for 6 years, however she feels she needs a break. A presentation gift was made to Ula by the new President Olwen in appreciation of Ula's involvement in the Committee. We are sure Olwen will fulfill her new position very ably.

The recent Garage Sale was successful with \$5,843.40 being raised. Unfortunately the weather was not ideal for the public to be out and about, however every dollar raised helps to benefit the residents. Thank you to all workers for a tremendous effort.

Results of the Raffle were: - fruit tray won by Lil Cain... painting won by Joan Walland... pot plant won by Mrs. Bishop... terrarium won by Jean Clark.

The date has been set for the Tombola which will be held on Thursday 7th July in the Tavistock Court Hall. Mark this date on your calendar as this is always a popular event with great prizes and a cuppa before you start.

Next Committee meeting will be on 27th April. All residents are welcome to attend.

May you be blessed with love, faith, hope and good health.

Bonny Krause (Secretary)

ON ANZAC DAY

He looked more like a bikie, than a digger on parade, with his leather boots and jacket, with the medals all displayed. His hair down past his collar was uncombed and very grey, but the people stood and cheered him, as he marched on Anzac Day.

His face was lined with wrinkles, and sunglasses hid his eyes, but his step was light and measured, and he held his head up high. He had earned the right to be here, and was proud to lead the way, to remember friends who had fallen, as he marched on Anzac Day.

He had travelled from the country, just to be with all his mates, who would all converge on Sydney, though they came from different states. But the ranks were getting thinner, as the years now slipped away, and he felt a little sadder, as he marched on Anzac Day.

Now thirty years or more had passed, since he had worn his jungle greens, or spent a night out on patrol, eating bully beef and beans. But in his mind, it was just last week, or even yesterday, for the horror had not left him, as he marched on Anzac Day.

His medals now were tarnished, and the ribbons pale with age, but he wore them with great dignity, and the presence of a sage. He spoke for all around him, when he was heard to say, that he was proud to be Australian, as he marched on Anzac Day.

LEST WE FORGET

Contributed by, Bonnie Krause

FROM YOUR VILLA RESIDENTS COMMITTEE

Our first meeting in February. Thank you, Phil, Karen and Deb supporting us.

Over the next months we are looking at a few ideas that will help and support you. **Your ideas can help other residents.** Please let your committee know.

One of the first changes: On the 1st Wednesday of each month (4th May). We will have committee members at the Clubhouse from 10 -11.00, to offer any support with information or requests you may have, (if we don't know the answers we will find out for you), but most importantly we will **follow** up and let you know the outcomes. We will have Compliments and Complaint forms on hand.

Computer group will be formed, if you would like to join or add your expertise to this group please let us know.

Your villa committee members names and their phone numbers are listed in the Torbay Times, and we are looking forward to meeting you in the Clubhouse on the 1st Wednesday of the month.

M & M

TORBAY RECREATIONAL & SOCIAL COMMITTEE

A.G.M. 23RD MARCH 2011

PRESIDENT'S REPORT

Our meetings are held in the Conference Centre on the fourth Wednesday of the month at 9 am and are well attended by the Committee. Our purpose is to raise funds to purchase equipment and necessary items to assist both residents and staff. Here I must add a thank you to Dennis who sets up the microphone, making sure all can hear.

In April the fund raising for the year began with a garage sale of items donated by residents, friends and staff. It went very well, raising over \$7,000.

In June as a thank you to the residents of both the hostel and villas who always support us in various ways, we provided a sausage sizzle by the lake – the weather was perfect. The energetic ones went for a walk, either within the village or around the street, led by Mary and Bruce; back to the smell of

sausages and onions! Thanks to Max and Barb who were responsible for the food, with Dudley providing the wine - finishing up with the good old water melon. Betty, Des and Frances supplied our music. It's a great couple of hours with everyone talking and relaxing.

July, during the school holidays we held the annual Tombola. Lots of hands are needed in preparing tickets on cardboard and wrapping prizes. We are very fortunate in having prizes donated by residents, family friends and staff. The previous afternoon, the men set up the tables and chairs in the TC Centre, then the ladies displayed the prizes. In the morning, no matter what the weather brings (very cold a couple of times) , for the first hour it is all go, go, go, people are queuing up to buy tickets and get a seat. The residents and public are very supportive of this function as they know

our prizes are good. We raised over \$3,000 and, as always, without everybody's help it is not possible to hold a successful morning.

August saw us hold another successful garage sale, raising over \$6,000. It was decided instead of giving the left over items to the Op Shops, we would help the Community Help Group who were holding a garage sale raising funds to help Meals On Wheels build their new kitchen; they took everything and that was a great help to us.

The Committee generally have a luncheon together – this time it was Brunch prepared and cooked by the Urangan High School Students Hospitality Group. It is a great way for the students to become used to dealing with the public and waiting on tables.

The Coffee Shop - the coffee machine kept breaking down and we decided to purchase a different brand (State of the Art). This one has so many choices of coffee to enjoy and also it is much easier to operate – just press the button. We felt that was \$5,000 well spent. As always Joe is a wonderful Convenor.

Chickens – A men's project. They did a great job in building the yard and we provided the shed. Those chickens are the best housed and cared for – definitely 5 star accommodation. We are now gaining the benefit of the lovely fresh eggs.

The break-up Christmas Lunch held at the RSL was a good day; the Piecrust Players gave us lots of laughs – good on them. Instead of the alternate meal served to the table, we changed to a hot buffet meal – beautifully presented and residents were assisted by staff to choose their meal. The change to a buffet meal seemed to please everybody. We had lots of raffle prizes and give-away gifts with Mary and Bruce

adding to our relaxing time. Thank you all for supporting that day.

We were a bit unlucky weather-wise with this month's garage sale. Friday we opened after lunch and it was very busy; Saturday was very unusual, nobody was there at 6 am and it turned out to be a very quiet morning. The left over goods were picked up by the recycling depot and Lifeline collected the clothes, crockery etc.

Our thanks go to Betty and George who worked tirelessly throughout the year sorting, packing and naming boxes which was a wonderful help setting up on Thursday. Thanks must go to Committee Members and Volunteers who worked so well together, it was a credit to you all. Rob and his boys were of great assistance transporting the pot plants.

My Special Thanks go to Fay who was Secretary at the start of the year, we were sad to receive her resignation. Olwen has capably stepped into the role.

Andy as always is a tower of strength with his figures keeping us out of the red.

Betty, who has stood in for me at various times and capably organises our tours.

Dawn (house-keeper) who always has the meeting room prepared for our meetings.

The Village Caterers –The morning teas for the meeting are most welcome, also for the garage sale, we were most grateful for Friday and Saturday morning teas and lunches – congratulations on your food, it was delicious.

The Office Staff who are always willing to assist in any way they can.

Rob and the outside boys – you are always a great help, especially at garage sale time.

Bruce and Mary. Your attendance and advice at our monthly meetings is of great assistance to us .

Coffee Shop. Convenor Joe –who is doing a great job keeping residents happy with their purchases and Heather who has taken over the job as Roster Clerk; it is not an easy job trying to get helpers. We need more names in especially just as reserves. Two hours is not much to give. The hostel residents are most appreciative of a smile and a chat.

After 6 years as President I have decided to step down. I sincerely thank

the Committee and Volunteers for all the help and support you have given me over the years. The camaraderie among you all was wonderful.

I have enjoyed my time as your President and my aim has been and always will be to help as many residents and staff as possible. Once again thank you all for your friendship and support.

Ula Scott—President

RETIREMENT LIVING

Well, here we are and it's April already..... these have been busy times and unfortunately the telephone and internet problems added to the workload; however these were eventually sorted and we thank you all for your tolerance and patience in what turned out to be a series of inter-twined problems. Now with the new D Slams installed we should all experience a more efficient service.

I am very pleased to note that we had a wonderful morning tea in the Tavistock Centre to meet all our new residents who have joined us over the last 8 months or so. This was very well attended, welcoming new Retirement Village residents from both villages with all the new Parklands residents able to attend as well..

We now have 6 houses occupied at Parklands, and the turnover of the houses at Torbay has been steady with new arrivals nearly every month. The Aged Care Facility at Parklands is also starting to fill up with the ground floor nearly up to full occupation. We are now working on the plans for the new Community Centre, which will be the next phase of construction.

A very BIG, BIG thank you to all who worked so hard preparing, sorting & selling goods for our recent Garage Sale! Again this raised much need funds for Torbay and even though the weather kept everyone on their toes – it was very successful! A special thank you to George & Betty Stewart, who are stepping away from roles they have played in co-ordinating these Garage Sales; we wish them all the best in a well earned break!! Also, Ula Scott has stepped down from her role as president of the Social Committee and has worked tirelessly for Torbay over the last 6 years, so well done to you too Ula.... time for a little relaxation.

As you know, Mary looks after all the activities for villa residents and can advise you of what's available to join into. However, I hear on the grapevine, that the Scrabblers would love some new members; as their numbers have dwindled a tad.... So, if you fancy activating those brain cells and would like to join the Scrabblers – please just ask Mary Ext: 2811 for details....

And don't forget to check out the new Torbay website...!! It's easy to read, very user friendly and full of great information on both Torbay and Parklands.....

www.torbay.org.au

Until next month

Deb Bergmann
Retirement Living Co-ordinator

HOW DO YOU LIVE YOUR DASH?

I read of a man who stood to speak,
At the funeral of a friend;
He referred to the dates on her tombstone,
From the beginning to the end.

He noted that first came her date of birth,
And spoke the following date with tears,
But he said what mattered most of all,
Was the dash between those years.

(Example: 1936—1999)

For that dash represents all the time,
That she spent alive on earth,
And now only those who loved her,
Know what that little line is worth.

For it matters not how much we own,
The cars, the house, the cash;
What matters is how we live and love,
And how we spend our dash.

So think about this long and hard,
Are there things you'd like to change?
For you never know how much time is left,
That can still be rearranged.

If we could just slow down enough,
To consider what's true and real,
And always try to understand,
The way other people feel.

And be less quick to anger,
And show appreciation more,
And love the people in our lives,
Like we've never loved before.

If we treat each other with respect,
And more often wear a smile,
Remembering that this special dash,
Might only last a little while.

So, when your eulogy's being read,
With your life's actions to rehash,
Would you be proud of the things they say,
About how you spent your dash?

HOW DO YOU LIVE YOUR DASH?

Contributed by Heather Gilleatt

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Available to all Staff and Residents
 of Torbay and Parklands.

7 VISTA COURT, PIALBA

WANTED
CONTRACT BRIDGE PLAYER

I am looking for a partner to play
 competitive bridge with me.
 I am an average player – somewhere
 between not a mug and mediocre.
 Playing day is Monday afternoon; -
 1pm – 4.30pm.

Jill Valentine (ph 2826)

Mini Lotto Winners for March

05/03/11	1 st	Jean Hanasky
	2 nd	Marilyn Warfield
12/03/11	1 st	Dorothy Hunter
	2 nd	Nancy Mc Master
19/03/11	1 st	Hazel Draper
	2 nd	Nell Porter
26/03/11	1 st	Kath Rogers
	2 nd	Cath Symes

Congratulations to all these lucky
 players and to the rest of us we will
 have to keep on trying. Alby

CARERS ARE DESPERATELY NEEDED FOR OUR LAKESIDE NURSERY

Now that Eunice is unable to continue looking after the Pot Plants
 and propagating new plants for sale at our Garage Sales, the
 garden is in great need of some tender loving care.



The plant stall at these Garage Sales earns
 quite a lot of money for the Torbay
 Recreation & Social Committee which in
 turn purchases much needed equipment
 and aids for all our Torbay Village residents.

Is there a garden lover out there willing
 to assist?

If so please contact Bruce on 2811.



Culinary Corner

Autumn, the best time of the year

Wonderful sunny days and nice cool nights which make us think of warming casseroles and soups. Ah, I never want it to end! Autumn brings different memories to each of us depending on which part of Australia, or indeed another country you have lived. I remember crisp cool or foggy mornings clearing to a beautiful day with blue skies and sunshine. Then of course later in autumn the leaves started to colour, deepening day by day until they were a picture to behold. So many shades of red, gold and brown set against a deep blue sky, what more could one want! It's a pleasant interlude before winter is upon us.



Jackie's Lamb Chop Curry.

8 lamb chop chops	425g tin crushed tomatoes
2 tabs. oil	1&1/2 cups of water
2 onions sliced	¼ cup fruit chutney
2 cloves crushed garlic	2 large carrots sliced
1 tbs. curry powder	2 tbs. chopped parsley for serving
1 tbs. plain flour	



Brown chops remove and drain. Add onion, garlic, curry powder and flour, stir for one minute. Add chops, crushed tomatoes, water, chutney and carrots, bring to the boil. Reduce heat and simmer for 40 minutes or until chops are tender, stirring occasionally. Sprinkle with parsley.

Note; This recipe can be varied to suit your taste. I usually prefer fourquarter chops, allow a little longer cooking time.

Lamb shank soup.

2 lamb shanks	parsnip
onions	white turnip
carrots	parsley
celery	salt and pepper to taste
potatoes	pearl barley



Place shanks, a handful of barley, a small whole peeled onion, a couple of sticks of celery, some sprigs of parsley and a little salt into a large saucepan and barely cover with water. Have the butcher chop the shanks so that they sit neatly in the saucepan. Bring to boil and simmer until lamb starts to come away from the bone, cool slightly and lift out the shanks, put in a bowl, remove & discard onion, celery and parsley. The meat can be removed and diced ready to be added to the finished soup. Put the stock in fridge overnight. Next day lift the fat off the top and gently heat while you prepare the vegetables. Chop onion and finely slice celery. Finely chop or coarsely shred the carrots, potato, parsnip and turnip and add to stock. Adjust seasoning to taste. Quantities can be to suit the individual. (I usually make a large quantity and put into various sized containers to freeze) This a winter favourite I remember my mother making and I've been making it her way for years and never tire of it.



New Arrivals

A warm welcome is extended to our new Residents

Torbay Aged Care Facility

Helena Eskola HC—Eileen Henderson HC

Fay Marshall H42—Walter Porrett H45—Edna Spradlin H57— Beryl Vary H6
Torbay Villas

Parklands Aged Care Facility

Lillian Lassen R110—Harry Millward Ri20—Nancye Sanders R103

Parklands Villas

Patricia & Frederick Beddows V401—Kevin Eskola V410—Valerie Israel V403

SPECIAL THANKS

Sincere thanks to the Torbay Staff and Residents for their care and support given to us during Val's illness and her passing.

Your expressions of sympathy conveyed in so many ways and your thoughts and prayers have been of great comfort and are deeply appreciated.

Please accept this as our personal heartfelt thanks

Andy Porter & Family

THANK YOU

To the Staff and Residents of Torbay, George and I would like to thank all who helped in any way with the garage sale. We are very fortunate to have such wonderful people here in Torbay, who can work so well together. Please accept this as our Personal Thanks.

George and Betty Stewart

In Memoriam

Our condolences to the families of

**Morag Boss-Walker—Esme Hingst—Valerie Porter—Kenneth Regan
Mirko Zdravkovic—John Sheppard**

